

4-H Camp

The purpose of these rules is to show courtesy, protect health, safety, and to provide a positive, safe learning environment for youth.

1. Remember the 4-H Motto, "To Make the Best Better!" 4-H philosophy encourages learning by doing – Youth and Adults learn as partners.
2. Each camper is expected to take part in all scheduled CAMP events, including flag rising & flag lowering, assemblies, roll call, meals, activities and evening programs.
3. Camp nametags must be worn at all times except when swimming & sleeping. Nametags must be checked at the "Buddy Board" while swimming under the waterfront director's instruction.
4. Campers are expected to attend flag rising & flag lowering in appropriate & respectful dress. Caps or hats are to be removed during flag ceremonies, and during gathering song at meals.
5. Campers are NOT to step inside the mossy area round the flagpole. Please stay outside the rock border.
6. Swimming and beach activities will take place during designated times only. Lifeguards must be on duty. If the sign "No Lifeguard on Duty" is up on the trail, do not go to the lake.
7. NO SWIMMING AFTER DARK!
8. In case of FIRE, head to the lake. A continuous bell is the warning signal for fire danger.
9. Keep your camp clean! All garbage and trash must be kept off trails, out of tent areas, and out of the woods. Place all garbage and trash in garbage cans or recycling bins.
10. NO RUNNING ON THE TRAILS AT ANY TIME.
11. SHOES (not sandals, flip flops, or Birkenstock-type sandals) must be worn at all times.
12. All campers are to be in tents after dark (or after evening program ends). QUIET after TAPS!
13. Any mechanical, electronically or battery operated device prohibited at camp because campers are expected to participate in camp activities.
14. 4-H Camp is a drug free, smoke free, alcohol free and weapon free All weapons including knives, axes, hatchets, guns, mace, and pepper-spray must be turned in to the camp coordinator when you arrive at camp.
15. Lanterns are allowed only in building areas. Use flashlights in tent areas. No flammable fuels allowed in tent areas such as butane used for curling irons or lighters.
16. DO NOT deface, cut, or destroy trees or shrubbery.
17. Report to camp coordinator and/or camp nurse if sick.
18. Wash hands before table setting and meals and after using restrooms or outhouses.

BELLS:

**1 Bell = Change of Activity, 2 Bells = Meal Time, 3 Bells = Assembly, 4 Bells = Wake-up
Continuous Bell = FIRE DANGER! Head for the beach. Bell rung 3-times, wait 5 seconds, 3 times, in a cycle for one minute = Emergency proceed to Assembly Area.**

4-H Camp Waterfront Rules

Purpose: To show courtesy, protect health and safety, and maintain order.

1. No one is allowed on the beach except during supervised activities such as swimming, instruction periods, free swims, and special activities such as Candle lighting. If the sign “No Lifeguard on Duty” is up on the trail, do not go to the lake.
2. Running, pushing, shoving and throwing rocks on waterfront are prohibited.
3. The buddy system is used on the waterfront:
 - Choose a buddy and check nametags together at the buddy-board
 - Always swim within 4 arm-lengths of your buddy (about 15 feet)
 - Buddy checks are called every 15 or 20 minutes
 - When you hear “Buddy-up” swim to your buddy, grab your buddy’s hand and hold it up in the air
 - After all buddies are counted, you will be told when you can start swimming again.
4. Sunbathing only on beach during swimming periods. Docks are off limits for sunbathing.
5. Diving is prohibited off docks and floats at any time due to insurance provisions.
6. Canoe Director is in charge of canoes.
 - Life Jackets will be worn at all times by canoe participants.
 - Limit of three (3) persons in canoe at one time.
 - Choose a buddy or buddies and check nametags together at the buddy-board.
 - Canoes are to be used in sight of “dock” at all times.
 - One canoe to remain at dock for emergency use.
 - Lake “clean-up” efforts from canoe only under the supervision of the canoe director
 - Reckless use of canoe is cause for immediate “call-back” to the dock (ramming canoes, ramming dock, intentional tipping, endangering passengers, ignoring dangers in/on water, etc.)
7. ***Under the direction of the Camp Coordinator, Waterfront director’s word is final.***

