



## **ECEAP**

### **Teacher Information Sheet**

### **Lesson 4 – Yummy, Yummy Fruit Salad**

#### **We'll Need Your Help with...**

1. Help WSU Nutrition Educator set up cassette tape player.
2. Gather children for story time.
3. After the story, help children form a circle and participate in acting out the “Yummy, Yummy Fruit Salad” song.
4. Organize/guide 2 to 5 children at a time to go to the fruit tasting experience station during choice time. Children will also be able to do a matching activity at the choice time station--matching plastic fruits by color and shape.
5. Sign/initial the time verification log provided by the WSU nutrition Educator.

#### **Story**

*Yummy, Yummy Fruit Salad*, The Wiggles, Grosset & Dunlap, New York, 2003.

#### **Music**

*Yummy, Yummy Fruit Salad*, The Wiggles, Koch Records, 2003.

#### **Tasting Experience**

Variety of seasonal fruits.

#### **Materials Needed from ECEAP Classroom**

Cassette tape player.

#### **Objectives**

After completing the lesson, students will be able to:

- State that fruits are good to eat.
- Identify three fruits correctly out of six choices.
- Match color and shape of plastic fruits to pictures of fruits.